



STEP TO THE FUTURE

*Professional Foot Care:
Our Products, Your Brand*



herbitaspodiatry.com

LABORATORIOS HERBITAS

Welcome to the world of comfort for your feet.

Laboratorios Herbitas is a family business founded in 1987, which started out as a distributor with a small catalogue. With the arrival of the new millennium, and backed by our experience and in-depth knowledge of the sector, we made a decisive step towards developing our own products.

This evolution led us to building our own factory in Spain, which allows us to fully oversee all the development and production processes: from the initial ideas and designs to manufacturing and marketing. Nowadays, we're specialists in creating gel and silicone products designed to offer the utmost comfort, protection and wellbeing with each step.

Our catalogue includes a complete range of footcare solutions: removable insoles, heel cushions, separators, toe spacers, protectors and pads that help prevent and provide relief for the most common types of discomfort. Each product is developed with high-quality materials and exclusive formulas, guaranteeing softness, durability and perfect adaptation to the anatomy of each foot.

We're firmly committed to constant innovation and quality control in all our processes, which allows us to offer safe and effective items with professional finishes. In recent years, we've created a large variety of brands and products covering all footcare needs to meet the requirements of professionals and end consumers alike. Our catalogue has currently got more than 4,000 references.



At Herbitas, **we manufacture for third parties**, developing custom **white label** lines for distributors, clinics and chains **seeking to stand out** with trustworthy products with excellent presentations.

Our commitment is simple: to care for feet in order to improve people's lives.

Find the perfect balance between technology, comfort and design.

With Herbitas, every step counts.



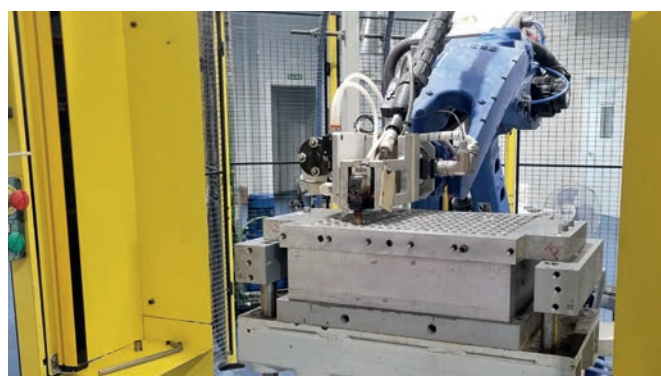
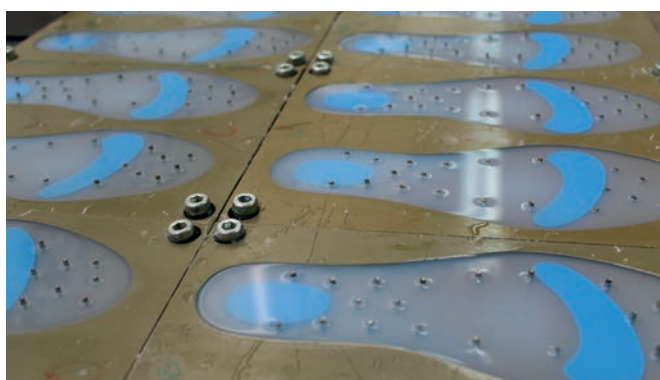
IN-HOUSE MANUFACTURED PRODUCTS

At Laboratorios Herbitas, we decided to create our own production plant in order to supervise and manage each phase of the manufacturing process. This decision has allowed us to become independent of external suppliers whose production methods and working conditions did not always allow us direct control.

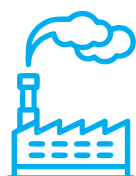
Having our own in-house manufactured products makes us more operationally efficient all while

significantly reducing costs with a much more flexible response capacity to adapt to our customers' needs.

Our facilities feature next-generation technology with the injection of polymer and silicone gels. Our modern machinery, which includes robotic systems, automated processes and high-precision gluing techniques as well as other advanced technologies guarantees higher quality and optimal accuracy with each product.



We are continuously working in the research and development of new materials and solutions with a view to expanding our range and getting ahead of the demands of a constantly evolving market.



Manufacturing

Be the manufacturers of trust for professionals and pharmacies.



Quality

Manufacture products with the utmost quality and efficacy.



Innovation

Innovate with new products that enhance the treatments offered by healthcare professionals.



CERTIFICATIONS



ISO 9001

LL-C (Certification)



ISO 14001

LL-C (Certification)



ISO 13485

LL-C (Certification)

ISO 9001

Quality Management System: Guaranteeing that our processes comply with rigorous quality controls, always focused on ongoing improvement and customer satisfaction.

ISO 14001

Environmental Management System: Reflecting our commitment to sustainability and environmental protection all while minimising the impact of our activities.

ISO 13485

Quality Management System for Medical Devices: Proving that we meet the specific requirements for the manufacture and distribution of healthcare products, ensuring the safety and efficacy of our medical devices.

These certifications reaffirm our commitment to excellence, environmental responsibility and the safety of each one of our products and services.

INTERNATIONAL PRESENCE

Laboratorios Herbitas continues to expand its global presence, attracting the interest of international businesses and consumers. Our professional podiatry division operates in more than 59 countries, leading in Spain, Portugal and South America, while our retail division is expanding to new markets.

The global market is an exciting challenge, and we're carrying out an internationalisation plan to adapt and grow in new territories.



CONTENTS

7	BUNIONS
9	CLAW OR HAMMER TOES
13	PRESSURE RELIEF
14	METATARSAL
16	HEEL CUSHIONS
18	CHAFING AND CORNS
20	INSOLES
25	FASCIITIS
25	REHABILITATION

BASIC ICONOGRAPHY



INCLUDES SILICONE



INCLUDES SUEDE



INCLUDES POLYMER GEL



WASHABLE



SELF-ADHESIVE



ADHESIVE BACKING



FOOT POWDER



ANTIMICROBIAL TREATMENT

YOUR BRAND, YOUR COLOURS AND YOUR STYLE: WE MANUFACTURE THE PRODUCT AND ADAPT IT TO YOUR IMAGE

At Laboratorios Herbitas, we specialise in manufacturing professional products for comprehensive footcare, all developed to meet the needs of brands, distributors and specialist businesses.

Aware of the importance of point of sale presentation, we offer all our products in a variety of versatile and functional packaging as shown in this catalogue: tubes, airless packaging, transparent trays and printed boxes. Each one of them can be completely customised to adapt to each customer's visual identity, including the printing of their logotype, corporate colours, graphic design and other technical specifications required for a particular brand.

Our packaging is designed to protect, preserve and boost the image of the product, guaranteeing a final attractive and professional result that's in line with the sector standards. From practical formats for daily use to premium presentations for special lines, we offer a number of packaging solutions so each product can stand out in the market.

We work very closely with our customers to ensure each project faithfully reflects their identity and meets their quality, functionality and aesthetic criteria.

Choose the presentation that best adapts to your footcare line. If you need advice or custom developments, we'd be more than happy to guide you through the entire process.



WE'RE ECO-FRIENDLY

At Laboratorios Herbitas, we're committed to reducing the pollution caused by our activities through waste management, establishing goals and implementing available technical improvements.

R&D OUR CERTIFICATES

FSC-CERTIFIED PACKAGING

FSC paper is certified proving the wood used to make the product comes from forests managed in accordance with Forest Stewardship Council criteria which include sustainable ecological, social and economic forest management measures.



RECYCLED AND RECYCLABLE PACKAGING

It's a commitment to the sustainability of the planet. Recycled plastic can be used in a number of ways and many different products can be created from it. This prevents the plastic from becoming waste.



BUNIONS

WHAT IS A BUNION?

WHAT CAUSES IT?

HOW TO GET RELIEF FROM PAIN?

Bunions are bone deformities caused by a deviation by the big toe, which can affect the other toes. The head of the first metatarsal bone protrudes towards the inside of the foot, causing pain due to the deformity itself and friction with footwear, as the area is not designed to absorb friction. The causes are often arthritis, arthrosis, hereditary factors or other deforming osteopathies.

The use of narrow footwear that's not very anatomical also causes discomfort in the fifth toe. When faced with a minor deviation, the first measure is to switch to a wider shoe allowing proper distribution of the toes. Gel orthotics, bunion protectors and toe separators can also be used for protection and correction. If the deformity gets worse and causes intense pain, surgery may be required to realign the toe and remove the bony protusion.



PROTECTOR + BUNION SEPARATOR

An elastic band that includes a toe separator to offer protection from interdigital heloma and chafing, helping with first toe alignment and decreasing friction, all while reducing pain from bony protusions, decreasing pressure on the hallux valgus. Anatomical design.

G6005.10

1 count

Bilateral



5TH TOE BUNION PROTECTOR + SEPARATOR

A gel separator that offers protection from interdigital heloma and chafing, helping with toe alignment and decreasing friction, all while reducing pain from bony protusions, decreasing pressure on the tailor's bunion. Anatomical design. The thinness prevents rejection.

G6005.8

1 count

Bilateral



ALL-GEL BUNION PROTECTOR

Reduces pain from bony protusions and decreases pressure, preventing friction against the hallux valgus. Anatomical design. The thinness prevents rejection. Ideal for narrow footwear.

G6005.5

1 count

Bilateral



5TH TOE BUNION PROTECTOR

Reduces pain from bony protusions and decreases pressure, preventing friction against a tailor's bunion. Anatomical design. The thinness prevents rejection.

G6005.6

1 count

Bilateral

BUNIONS



BUNION PROTECTOR + SEPARATOR

Offers protection from interdigital heloma and chafing, helping with toe alignment and decreasing friction, all while reducing pain from bony protusions, decreasing pressure in the hallux valgus. Anatomical design. The thinness prevents rejection.

G6005.7 1 count Bilateral



SEPARATOR + RING + BUNION PROTECTOR

Offers protection from interdigital corns and chafing, helping to align the toes and decrease friction, all while reducing pain in the bony protusion, decreasing pressure in the hallux valgus. The ring included prevents the separator from moving, all while protecting from interdigital chafing. Anatomical design. The thinness prevents rejection.

G6005.9 1 count Bilateral



BUNION + METATARSAL PROTECTOR

An elastic band with a metatarsal pad and gel protector for bunions. Protection for the front of the foot and metatarsal heads. Prevents the formation of hard skin and calluses. Reduces pain and inflammation in the area.

G11.058.15 Size S (35-40) 1 pair
G11.058.16 Size L (41-46) 1 pair



BUNION PROTECTOR

An elastic band with a pad to help reduce pain in the bony protusion, decreasing pressure and preventing friction in the hallux valgus. Anatomical design. The thinness prevents rejection.

G6013.5 One size fits all Bilateral 1 count



NIGHT-TIME BUNION CORRECTOR

A night-time alignment orthotic device designed to correct the position of the toe and reduce pain. Helps keep the first radius of the foot in the correct position during the night, softening the pain from the pressure of a bunion and helping to stop its development. It's also recommended following a bunion operation as part of post-operative care.

G12.750.3 Size S (35-40) Left 1 count
G12.750.4 Size S (35-40) Right 1 count
G12.750.5 Size L (41-46) Left 1 count
G12.750.6 Size L (41-46) Right 1 count



BUNION PROTECTOR + SEPARATOR

An elastic band that provides relief from the bunion thanks to the oval-shaped gel protector. This reduces friction and pressure in the hallux valgus, preventing direct chafing as the bunion stays in the space created. On the other hand, the gel separator included helps correct the axis of the first toe to achieve alignment. An extra thin anatomical design with soft, elastic fabric.

G6005.11 1 count Bilateral

CLAW OR HAMMER TOES

WHAT ARE CLAW OR HAMMER TOES?
WHAT CAUSES THEM?
HOW CAN IT BE SOLVED?

A claw or hammer toe deformity is easily identified because the toes look shrunk and do not function properly. The causes can be an anomalous length in the metatarsals or toes, the use of inappropriate footwear, or alterations such as flat feet or high instep. The most common sign is the appearance of chafing or corns on the bottom of the foot due to friction with the shoe, or in the ball of the foot due to the effort made when trying to stay on the ground.

As a first measure, using wide footwear and avoiding heels is recommended to reduce pressure and friction. Splints, tubes, interdigital separators and other anatomical devices can be used for correction or relief. When choosing them, it's important to consider the person's daily activities, the type of footwear used, and ensure the materials are medical quality and antibacterial, which helps reduce chafing and corns, and prevent infection.



GEL TUBE WITH FABRIC

An elastic tube lined on the inside with polymer gel. Indicated to soothe and prevent friction and excess pressure on the toes. Offers protection for claw and hammer toes, and helps improve keratosis lesions. This product enhances healing with special medical grade mineral oils to soften and protect the skin.

G6011.5	Size S (35-38)	Bilateral	1 count
G6011.6	Size L (39-42)	Bilateral	1 count
G6011.7	Size XL (43-46)	Bilateral	1 count



GEL TUBE WITH MESH FABRIC

Soothes and prevents friction and excess pressure on the toes. Protection for claw or hammer toes. Helps with keratosis lesions. Better wound healing. An elastic tube with mesh fabric that is extremely resistant.

G6011.1	Size S (35-40)	Bilateral	1 count
G6011.4	Size L (41-46)	Bilateral	1 count



GEL TOE RING

An interdigital ring that helps protect and separate the toe where the ring is placed and adjacent toes, preventing chafing between the toes. It also provides relief from pressure caused by hammer toes, interdigital helomas and other types of toe problems.

G6001.4	Size S (35-40)	Bilateral	1 count
G6001.5	Size L (41-46)	Bilateral	1 count



GEL TOE RING WITH FABRIC

An elastic ring with a gel pad inside, which provides relief for pressure caused by hammer toes, interdigital helomas and other types of toe problems.

G6012.1	Size S (35-38)	Bilateral	1 count
G6012.2	Size M (39-42)	Bilateral	1 count
G6012.3	Size L (43-46)	Bilateral	1 count

CLAW OR HAMMER TOES



TOE GEL TUBE WITH FABRIC

Soothes and prevents friction and excess pressure on the toes. Protects the most distal part of the toe. Protection for heloma on the ball of the foot. Protection for partially amputated toes.

G6011.2	Size S (35-38)	Bilateral	1 count
G6011.3	Size L (39-42)	Bilateral	1 count
G6011.8	Size XL (43-46)	Bilateral	1 count



TOE GEL TUBE

Soothes and prevents friction and excess pressure on the toes. Protects the most distal part of the toe. Protection for heloma on the ball of the foot. Protection for partially amputated toes.

G11.053.20	Size S (35-38)	Bilateral	1 count
G11.053.28	Size M (39-42)	Bilateral	1 count
G11.053.21	Size L (43-46)	Bilateral	1 count



GEL TUBE

An elastic gel tube that helps soothe and prevent friction and excess pressure on the toes. Protection for claw or hammer toes. Helps with keratosis lesions. Improves healing with special medical grade mineral oils.

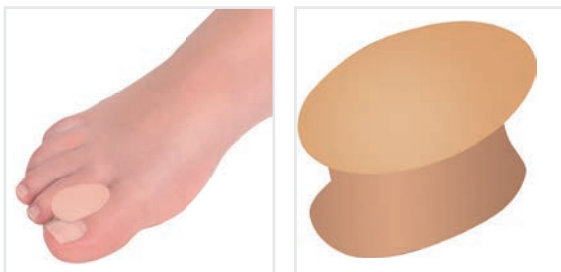
G11.053.18	Size S (35-40)	Bilateral	1 count
G11.053.19	Size L (41-46)	Bilateral	1 count



DIDIGEL

A gel elastic tube that can be cut to size covered in polyamide fabric. Indicated for protection and relief in wound or irritation areas due to chafing. Size 15 cm.

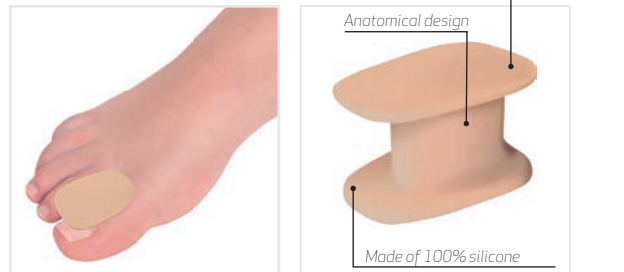
G11.053.8	Size S	Diameter 1.5 cm	1 count
G11.053.9	Size L	Diameter 1.8 cm	1 count



SILICONE TOE SEPARATOR

Helps align the toes following problems in the metatarso-falange joints caused by hallux valgus. Protects from friction and interdigital corns.

G6003.1	Size S (35-38)	Bilateral	1 count
G6003.2	Size M (39-42)	Bilateral	1 count
G6003.3	Size L (43-46)	Bilateral	1 count



ANATOMICAL SILICONE TOE SEPARATOR

A resistant toe separator with an anatomical design. Helps reduce friction and pain caused by interdigital chafing and helps with toe or post-operative alignment. Also offers protection at the top and bottom of the toes where it is placed.

G6003.15	Size S (35-40)	Bilateral	1 count
G6003.16	Size L (41-46)	Bilateral	1 count

CLAW OR HAMMER TOES



FABRIC RING + SEPARATOR

Offers protection from interdigital helomas and chafing, helping with toe alignment and decreasing friction. The ring included prevents the separator from moving, all while also protecting the other toe. Anatomical design. The thinness prevents rejection.

G6003.12	Size S (35-40)	Bilateral	1 count
G6003.13	Size L (41-46)	Bilateral	1 count



GEL TOE SEPARATOR

Helps align the toes following problems in the metatarso-falange joints and hallux valgus. Protects from friction and interdigital corns. With medical grade mineral oils that soften and protect the skin.

G6003.6	Size S (35-38)	Bilateral	1 count
G6003.7	Size M (39-42)	Bilateral	1 count
G6003.8	Size L (43-46)	Bilateral	1 count



GEL TOE SEPARATOR

A toe separator that offers protection from interdigital helomas and chafing, helping with toe alignment and decreasing friction. The ring included prevents the separator from moving, all while also protecting the other toe. Anatomical design. The thinness prevents rejection.

G6003.9	Size S (35-40)	Bilateral	1 count
G6003.10	Size L (41-46)	Bilateral	1 count



GEL 2-TOE SEPARATOR

Offers protection from interdigital helomas and chafing, helping with toe alignment and decreasing friction. The two rings included prevent the separator from moving, all while protecting the toes from chafing against the anchor. Anatomical design. The thinness prevents rejection.

G6003.11	One size fits all	Bilateral	1 count
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1/2 MOON FOAM SEPARATOR

Toe separation. Releases interdigital pressure. Interdigital heloma. Toe alignment. Prevents the formation of hard skin and calluses caused by crowded toes or poor alignment. The thinness prevents rejection.

11070100	Size S (35-38)	Bilateral	1 count
11070200	Size M (39-42)	Bilateral	1 count
11070300	Size L (43-46)	Bilateral	1 count



5-TOE SEPARATOR

Separator and corrector for the five toes. Increases comfort, provides relief and relaxes from discomfort caused by overlapping toes, corns, hammer toes and interdigital helomas. With medical grade mineral oils, it softens and protects the skin.

G6006.12	Bilateral	1 count
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CLAW OR HAMMER TOES



1/2 MOON SILICONE SEPARATOR

Offers protection from interdigital helomas and chafing, decreasing friction and pain. Helps align clustered, overlapping or poorly aligned toes. The thinness prevents rejection.

G6002.1	Size S (35-37)	Bilateral	1 count
G6002.2	Size M (38-40)	Bilateral	1 count
G6002.3	Size L (41-43)	Bilateral	1 count
G6002.4	Size XL (44-46)	Bilateral	1 count



1/2 MOON GEL SEPARATOR

Offers protection from interdigital helomas and chafing, decreasing friction and pain. Helps align clustered, overlapping or poorly aligned toes. The thinness prevents rejection.

G6002.5	Size S (35-38)	Bilateral	1 count
G6002.6	Size M (39-42)	Bilateral	1 count
G6002.7	Size L (43-46)	Bilateral	1 count



ALIGNING SPLINT

The corrector for hammer toes is designed to align claw or hammer toes. Includes an elastic band to help gently and correctly align and position the toes. Extra-flat design for all types of footwear.

G12.760.1	One size fits all	Bilateral	1 count
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TOE SPACER

An orthotic device for claw and hammer toes. Soothes and prevents friction and excess pressure on the toes. Protection for claw or hammer toes. With medical grade mineral oils that soften and protect the skin.

G6006.10	One size fits all	Right	1 count
G6006.11	One size fits all	Left	1 count



GEL TOE SPACER WITH A RING

An orthotic device to provide relief from claw or hammer toes.

G6006.8	Size S (35-38)	Left	1 count
G6006.9	Size S (35-38)	Right	1 count
G6006.4	Size M (39-42)	Left	1 count
G6006.5	Size M (39-42)	Right	1 count
G6006.6	Size L (43-46)	Left	1 count
G6006.7	Size L (43-46)	Right	1 count



SUEDE TOE SPACERS

An orthotic device for claw or hammer toes. A suede finish for greater softness and comfort.

13030101	Size S (35-38)	Left	1 count
13040101	Size S (35-38)	Right	1 count
13030201	Size M (39-42)	Left	1 count
13040201	Size M (39-42)	Right	1 count
13030301	Size L (43-46)	Left	1 count
13040301	Size L (43-46)	Right	1 count

METATARSALGIA

WHAT IS METATARSALGIA? WHAT ARE THE CAUSES? HOW TO GET RELIEF FROM PAIN?

Metatarsalgia is an inflammation in the metatarsal heads and the footpad in the forefoot, causing localised pain and possibly calluses due to the pressure. It's a common problem, generally caused by poor distribution of bodyweight.

The main causes are grouped into three categories: Foot morphology, such as high instep or claw toes. External factors, such as inappropriate footwear or intensive activity. Structural alterations that increase pressure in the area.

Specific products from this section, which have been designed by footcare specialists, can be used to get relief from the pressure and pain.

 Sheet



 Pre-cut



SHEET OF ADHESIVE FELT

Protection for chafing and interdigital corns. Used for offloading and pads for corns and plantar and dorsal hard skin. Extra thin.

Sheet

G6060.1	9.5 x 50 cm	1 count
G6060.6	6.5 x 22 cm	1 count

Pre-cut

G11.006.6	Size S (6.5 x 4.5 cm)	100 count
G11.006.7	Size M (7.5 x 5 cm)	100 count
G11.006.9	Size L (8.6 x 5.1 cm)	100 count
G11.006.10	Size XXL (11.3 x 6 cm)	100 count



METATARSAL PAD

A soft and comfortable elastic band with a gel pad inside around the metatarsal area. Offers protection for the front of the foot and metatarsal heads. Reduces pain and inflammation in the area, and prevents the formation of hard skin. With medical grade mineral oils that soften and protect the skin.

G11.058.10	Size S (35-40)	1 pair
G11.058.11	Size L (41-46)	1 pair



BUNION + METATARSAL PROTECTOR

An elastic band with a gel pad and protector for bunions. Offers protection for the front of the foot and metatarsal heads. Prevents the formation of hard skin and calluses. Reduces pain and inflammation in the area.

G11.058.15	Size S (35-40)	1 pair
G11.058.16	Size L (41-46)	1 pair



METATARSAL BAND

A soft and comfortable elastic band with a gel polymer pad inside around the metatarsal area. Offers protection for the front of the foot and metatarsal heads. Prevents the formation of hard skin and calluses.

G11.058.6	Size S (35-40)	1 pair
G11.058.7	Size L (41-46)	1 pair

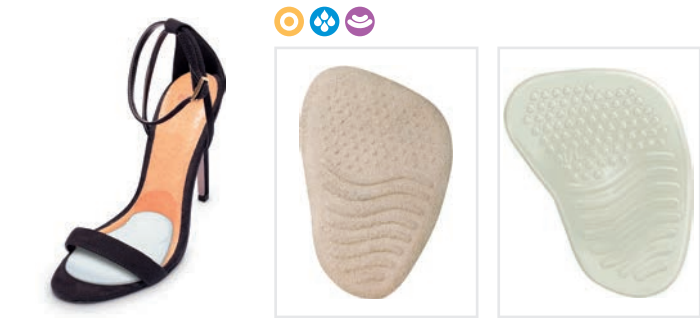
METATARSAL



PADDED 5-TOE SEPARATOR

Dual-purpose splint. Recommended for claw and hammer toes. Soothes and prevents friction and excess pressure, all while separating the five toes. Particularly recommended to help improve alignment of overlapping toes. At the same time, the padding protects the metatarsal heads, helping them relax and preventing hard skin and calluses from forming.

G6006.13	One size fits all	1 pair
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INVISIBLE OR LINED MINI INSOLE

Self-adhesive polymer gel pads designed to provide comfort in the metatarsal and forefoot areas. The thickness and relief design cushions and prevents excess pressure.

INVISIBLE

G6008.18	One size fits all	1 pair
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LINED

G6008.19	One size fits all	Beige	1 pair
G6008.24	One size fits all	Black	1 pair
G6008.27	One size fits all	Blue	1 pair



INVISIBLE STRAPPY SANDAL MINI INSOLE

Self-adhesive pads that prevent movement or sliding in open-toed shoes. This model provides a greater down force surface and greater cushioning than the other pads because of the large size and special density. Provides comfort in the metatarsal and forefoot areas.

G6008.25	One size fits all	1 pair
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INVISIBLE STRAPPY SANDAL MINI INSOLE + INTERDIGITAL PROTECTOR

A self-adhesive gel pad developed to wear strappy sandals. This model provides a greater down force surface and greater cushioning than the other pads because of the large size and special density. Designed to provide comfort in the metatarsal area, it includes protection in the interdigital area from the foot to the sandal, preventing pain and displacement.

G6008.26	One size fits all	1 pair
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METATARSAL SILICONE PAD WITH A RING

Protection for the front of the foot and metatarsal heads. Prevents the formation of hard skin and calluses. Reduces pain and inflammation in the area. Maximum cushioning.

G6008.1	One size fits all	1 pair
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METATARSAL PAD WITH A RING

Indicated to offer protection and relief in the front of the foot and metatarsal heads all while preventing the formation of calluses and hard skin. With medical grade mineral oils that soften and protect the skin.

G6008.7	One size fits all	1 pair
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TALALGIA

WHAT IS TALALGIA?
WHAT ARE THE SYMPTOMS?
CAN IT BE PREVENTED?

Talalgia is pain in the heel area that may have different causes: heel spurs, gout, psoriasis, sequelae from fractures or surgery, bursitis, foreign matter, Sever's disease or overload from activity. The heel bone, where the Achilles tendon is inserted, bears the impact of each step, meaning this type of pain often takes time to be resolved. The most common treatment is rest and the use of heel cushions.

Main symptoms: Pain that runs from the heel to the sole of the foot, a feeling of numbness in the affected area, discomfort in the inner ankle area.

Prevention: Using the proper footwear for both sport and daily wear, and using orthopaedic removable insoles or gel or silicone heel cushions to reduce the pressure and prevent recurrence.



DUPLO HEEL CUSHION 2 SILICONE DENSITIES

Flat silicone heel cushion for joint discomfort. Heel spur. Problems with diabetic foot or foot arthritis. Includes a soft insert in the heel area. Cushioning support. A thin design with maximum cushioning.

G6073.1	Size S (35-38)	1 pair
G6073.2	Size M (39-42)	1 pair
G6073.3	Size L (43-46)	1 pair



HEEL CUSHION SILICONE CUP WITH AND WITHOUT SPUR

Talalgia. Heel spur. Joint pain. Includes a soft insert in the heel area. With raised edges, the design offers stability when stepping.

CENTRAL	LATERAL	WITHOUT		
G15.162.2	G15.162.3	G15.162.1	Size S (35-38)	1 pair
G15.162.6	G15.162.8	G15.162.4	Size M (39-42)	1 pair
G15.162.7	G15.162.9	G15.162.5	Size L (43-46)	1 pair



LINED GEL HEEL CUSHION

Made with gel and an anatomical design. This material was chosen because of its special cushioning and elastic characteristics, and because it's very low-density. With a greater offloading area. Heel spur. Arthrosis of the ankle, knee or femoral head. Achilles tendonitis. Talalgia.

21020102	Size S (35-38)	1 pair
21020202	Size M (39-42)	1 pair
21020302	Size L (43-46)	1 pair



LINED SILICONE HEEL CUSHION

Made with 100% silicone, anatomical design. This material was chosen because of its special cushioning and elastic characteristics, and because it's very low-density. With a greater offloading area. Heel spur. Arthrosis of the ankle, knee or femoral head. Achilles tendonitis. Talalgia.

G6073.7	Size S (35-38)	1 pair
G6073.8	Size M (39-42)	1 pair
G6073.9	Size L (43-46)	1 pair

HEEL CUSHIONS



SELF-ADHESIVE GEL HEEL CUSHION

Provides relief from pain in the heel area. Rest and cushioning. Extra thin.

G6074.1	Size S (35-40)	1 pair
G6074.2	Size L (41-46)	1 pair



SUEDE HEIGHT INCREASING HEEL CUSHION

Get taller by a few centimetres. Helps maintain correct position. Material made of EVA foam and natural suede lining. Includes adhesive.

G6321.5	Height: 15 mm	1 pair
G6321.6	Height: 20 mm	1 pair
G6321.7	Height: 25 mm	1 pair
G6321.8	Height: 30 mm	1 pair



SUEDE HEIGHT INCREASING HEEL CUSHION

Rest and comfort. Heel cushioning. Elevating.

G6321.1	Size S (35-38)	1 pair
G6321.2	Size M (39-42)	1 pair
G6321.3	Size L (43-46)	1 pair



SUEDE SPUR HEEL CUSHION WITH A HOLE

Natural suede-lined latex heel cushion with a removable insert for heel spurs. Rest and comfort. Cushions and increases the height of the heel.

G6320.1	Size S (35-38)	1 pair
G6320.2	Size M (39-41)	1 pair
G6320.3	Size L (42-46)	1 pair



3G GEL GRID HEEL CUSHION

Heel cushions for sports use. Offloads the impact on the heel. Maximum cushioning with a mesh system that enters into contact with the ground.

G6073.10	Size S (35-40)	1 pair
G6073.11	Size L (41-46)	1 pair



DUPLO LINED GEL HEEL CUSHION

Rest and cushioning. The very soft and smooth special density absorbs impacts and excess pressure.

G6073.4	Size S (35-40)	1 pair
G6073.6	Size L (41-46)	1 pair

CHAFING AND CORNS

NO MORE HARD SKIN, CORNS
AND CHAFING!



Chafing in the feet is quite common and occurs when the skin becomes irritated by continuous friction. It can easily happen if you don't take action after the first signs, and it's often due to hard, tight, poorly designed shoes or poor posture when walking.

Once detected, it's best to protect the area with felt or hypoallergenic bandages to prevent ongoing friction.

Corns warn of too much pressure on the foot. Thickening of the skin indicates an aggression, and it's a way for the body to defend itself. It often appears on the sole of the foot, heels, on the toes or between them (tyloma).

Treatment involves eliminating the pressure with silicone devices, patches, tubes or hydrogel bandages, toe separators and, depending on the case, pads, gel insoles or elastic support bands.

FOAM ROUND
PADS FOR
HARD SKIN



22250000 Large 1 count

FOAM ROUND
PADS FOR
CORNS



22230000 Small 1 count

FOAM PADS
FOR BUNIONS



22300000 Large 1 count

FOAM OVAL
PADS FOR
CORNS



22240000 Small 1 count

HEART-SHAPED
PADS FOR HARD
SKIN AND CHAFING



22280000 One size fits all 1 count

RECTANGULAR
PADS FOR HARD
SKIN AND CHAFING



22260000 One size fits all 1 count

PADS
FOR
CORNS



22220000 One size fits all 1 count

OVAL
PADS



22270000 One size fits all 1 count

CHAFING AND CORNS



SHEET OF FELT (PADDED PROTECTIVE PATCH)

Protection for chafing and interdigital corns. Used for offloading and pads for corns and plantar and dorsal hard skin. Sheet to cut in the desired shape and size.

G6060.1	9.5 x 50 cm	1 count
G6060.6	6.5 x 22 cm	1 count



PRE-CUT SHEET OF FELT (PADDED PROTECTIVE PATCH)

Provides relief from pain in the heel area. Talalgia. Heel spur. Tendonitis. Rest and cushioning. Extra thin. Model cut in an anatomical shape.

G11.006.6	Size S (6.5 x 4.5 cm)	100 count
G11.006.7	Size M (7.5 x 5 cm)	100 count
G11.006.9	Size L (8.6 x 5.1 cm)	100 count
G11.006.10	Size XXL (11.3 x 6 cm)	100 count



SUEDE HEEL PROTECTOR

Heel protectors with adhesive. Prevents chafing and pressure on the heel from a shoe.

G6086.1	Grey	1 pair
G6086.5	Brown	1 pair



GEL HEEL PROTECTOR

Prevents chafing and pressure to prevent blisters from forming. They prevent chafing from the edge of the shoe. Next-generation reusable self-adhesive gel.

G6086.2	One size fits all	1 pair
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REUSABLE SELF-ADHESIVE STRIPS

Prevents chafing and wounds, preventing blisters from forming mainly caused by sandals. Using them in new shoes is recommended.

G6086.6	One size fits all	4 count
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REUSABLE GEL CORN PATCHES

Prevents chafing and excess pressure. Next-generation reusable self-adhesive gel.

G6091.8	One size fits all	6 count
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INSOLES

FEET... READY, GET SET, GO!

Removable insoles for feet not only offer comfort, but also play a fundamental role in preventing and providing relief for foot problems and ailments. Despite their importance, feet often get less attention than necessary which means many people end up needing removable insoles to correct problems, prevent pain and enhance their day-to-day comfort.

There are different types of removable insoles designed based on their purpose: to correct posture, provide cushioning when stepping down, prevent poor alignment, protect the foot in specific situations such as sport or climate conditions, and prevent bad odours. The choice depends on factors like the type of foot, body weight, daily activity, age and the type of surface on which a person walks.

Although good footwear is essential, it's often not enough without proper support from insoles. When faced with any discomfort, see a specialist to prevent the problem from getting worse. Plus, it's important to choose the appropriate footwear, change them often and avoid prolonged use of damp shoes.

Finally, using quality removable insoles is key as inappropriate materials and designs can worsen existing ailments, and cause new problems.



Health comes first...



LINED SILICONE PRESSURE RELIEF INSOLE

Helps reduce the enormous pressure on the feet when walking. Special for diabetic foot, metatarsalgia, talalgia, treatment of muscular pain and relief for tired feet and slowed feet due to muscle strain. Made in silicone, providing maximum impact absorption.

G15.067.0	Size (35-36)	1 pair
G15.067.1	Size (37-38)	1 pair
G15.067.2	Size (39-40)	1 pair
G15.067.3	Size (41-42)	1 pair
G15.067.4	Size (43-44)	1 pair
G15.067.5	Size (45-46)	1 pair



INSOLES



EXTRA SOFT GEL INSOLE

An extra-soft gel insole, ideal for tired feet; features a low-grade inner arch. Great cushioning effect.

Anti-fatigue

Ideal for tired feet

Anatomical shape with an inner arch

Extra soft density

Great cushioning and comfort

A massage effect on the foot

Reduces bad odours

G15.068.13	Size S (35-40)	1 pair
G15.068.14	Size L (41-46)	1 pair



EXTRA THIN INSOLE

Lined gel insole, with cushioning offloading in the heel area and metatarsals.

The thinness makes it possible to insert in any type of shoe. Enhanced comfort.

G6068.1	Size S (35-38)	1 pair
G6068.2	Size M (39-42)	1 pair
G6068.3	Size L (43-46)	1 pair



DAILY 3G INSOLE

An anatomical gel insole with special reinforcement in the inner arch which features soft-density offloading areas in the metatarsal area and special honeycomb in the heel area for greater comfort. Ideal for daily use.

G15.065.22	Size S (35-38)	1 pair
G15.065.23	Size M (39-42)	1 pair
G15.065.24	Size L (43-46)	1 pair



CUT-TO-SIZE GEL INSOLE WITH ARCH

A gel-based cushioning removable insole with a slightly anatomical shape including a low-grade inner arch. With an anti-bacterial silver agent and special lining to keep the foot dry and reduce bad odours. Indicated for work use. Day-to-day comfort.

20300102	Size S (37-42)	1 pair
20300302	Size L (43-46)	1 pair



AIRFRESH INSOLE

An anatomical gel-based removable insole with special cushioning features.

Specially designed to allow air to flow through the perforated areas for absolute breathability.

Special lining that increases its breathing power. Includes metatarsal pad for even more comfort.

G15.065.28	Size S (35-40)	1 pair
G15.065.29	Size L (41-46)	1 pair



SILONITEX SILVER INSOLE

Gel foam insoles lined with fibre and pure silver.

The 3rd generation gel foam base guarantees total cushioning for extended periods of time against everyday overload.

The thinness means they can be used with any type of footwear.

G6076.2	Size S (35-40)	1 pair
G6076.1	Size L (41-46)	1 pair





PRESSURE RELIEF GEL INSOLE

An anatomical gel insole with special reinforcement in the inner arch which features soft-density offloading areas in the metatarsal and heel areas for greater comfort. The lining is very flexible which makes for greater comfort.

G15.065.19	Size S (35-38)	1 pair
G15.065.20	Size M (39-42)	1 pair
G15.065.21	Size L (43-46)	1 pair



LINED GEL INSOLES

Lined gel insole, with cushioning offloading in the heel area and metatarsals. The lining is very flexible which makes for greater comfort.

G15.065.7	Size (35-36)	1 pair
G15.065.8	Size (37-38)	1 pair
G15.065.9	Size (39-40)	1 pair
G15.065.10	Size (41-42)	1 pair
G15.065.11	Size (43-44)	1 pair
G15.065.12	Size (45-46)	1 pair



SILICONE INSOLE WITH ARCH SUPPORT

Helps relieve pain in the metatarsal area. Tired and painful feet. Metatarsalgia. Talalgia. Diabetic foot. Relief from joint pain. Includes softer inserts in the metatarsal and heel area. Silicone is one of the raw materials most highly recommended by professionals for therapeutic use.

G15.065.1	Size (35-36)	1 pair
G15.065.2	Size (37-38)	1 pair
G15.065.3	Size (39-40)	1 pair
G15.065.4	Size (41-42)	1 pair
G15.065.5	Size (43-44)	1 pair
G15.065.6	Size (45-46)	1 pair



SILICONE INSOLE WITHOUT ARCH SUPPORT

Relief from joint pain. Includes softer inserts in the metatarsal and heel area. Tired and painful feet. Metatarsalgia. Talalgia. Diabetic foot. Relief from joint pain. Includes softer inserts in the metatarsal and heel area. Silicone is one of the raw materials most highly recommended by professionals for therapeutic use.

G15.065.30	Size (35-36)	1 pair
G15.065.31	Size (37-38)	1 pair
G15.065.32	Size (39-40)	1 pair
G15.065.33	Size (41-42)	1 pair
G15.065.34	Size (43-44)	1 pair
G15.065.35	Size (45-46)	1 pair



SILICONE COMFORT INSOLE

Relief for tired feet. Talalgia. Extra thin silicone insole with a cushioning "grid". The thinness means they can be worn in practically all types of shoes.

G6070.1	Size S (35-37)	1 pair
G6070.2	Size M (38-40)	1 pair
G6070.3	Size L (41-43)	1 pair
G6070.0	Size XL (44-46)	1 pair
G6070.5	Size XXL (47-49)	1 pair



TRIPLE ACTION CHILDREN'S INSOLE

Latex foam insoles with antibacterial Sanitized treatment. Bad odour is prevented with the anti-sweat polyester lining. Ideal for active kids, bad odours and sports.

G6307.25	One size fits all (20-35)	1 pair
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INSOLES



EXTRA THIN LINED ¾ INSOLE

The ¾ insole, lined with a beige fabric, is designed to provide relief and comfort in the metatarsal area and forefoot. Extra thin. Because of the lack of thickness, they can be used with sandals, thin shoes and high heels.

G6069.4	Size S (35-37)	1 pair
G6069.6	Size L (38-40)	1 pair



¾ SILICONE INSOLE

Tired and painful feet. Talalgia. Diabetic foot. Relief from joint pain. Includes softer inserts in the heel area. Includes minor elevation under the metatarsals and a higher inner arch.

G15.063.2	Size S (35-37)	1 pair
G15.063.3	Size M (38-40)	1 pair
G15.063.4	Size L (41-43)	1 pair
G15.063.5	Size XL (44-46)	1 pair



¾ SUEDE ANATOMICAL INSOLE

Tired feet. Ideal for intense activity and urban use. Includes thermoplastic reinforcement to help stabilise the foot. Natural suede lining which does not cause rejection. Stimulates microcirculation.

G6311.1	Size (36-37)	1 pair
G6311.2	Size (38-39)	1 pair
G6311.3	Size (40-41)	1 pair
G6311.4	Size (42-43)	1 pair
G6311.5	Size (44-45)	1 pair



SUEDE METATARSAL INSOLE

Natural suede short insole with metatarsal elevation. Provides comfort and rest thanks to the latex foam.

G6308.3	Size 36	1 pair
G6308.4	Size 37	1 pair
G6308.5	Size 38	1 pair
G6308.6	Size 39	1 pair
G6308.7	Size 40	1 pair
G6308.8	Size 41	1 pair



SUEDE INSOLE

Suede insoles with latex foam on the bottom. Highest quality. Cut to size.

G6312.1	One size fits all	1 pair
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GREEN INSOLE

Green insoles are made of breathable latex foam and aromatising elements. Using them provides cushioning and comfort.

G6307.16	Size (35-46)	1 pair
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FASCIITIS



Plantar fasciitis is a very common injury: it affects 10% of the population and up to 30% have had it at some point. It's caused by inflammation of the plantar fascia, a tissue that runs from the heel to the toes, and is characterised by intense pain. In the beginning, the pain appears in the mornings when taking the first steps of the day; after six months, it can be felt all day long.

The causes include alterations in foot mechanics, inappropriate footwear and higher body weight. Recovery is slow as the best treatment is rest, something that's often difficult to achieve. Therefore, using removable insoles that help provide comfort for the fascia, improve circulation and foster recovery is recommended.



¾ PLANTAR FASCIA INSOLE

The insole features flexible support and controlled rigidity. It's designed for offloading in the middle plantar area, which helps reduce and distribute the load for plantar fascia relief.

G15.062.21	Size S (35-40)	1 pair
G15.062.22	Size L (41-46)	1 pair



PLANTAR FASCIITIS BAND

Soothes pain in the middle of the foot and inner heel (plantar fascia insertion area). Anatomical design. The lack of thickness prevents rejection.

G11.058.17	One size fits all	1 pair
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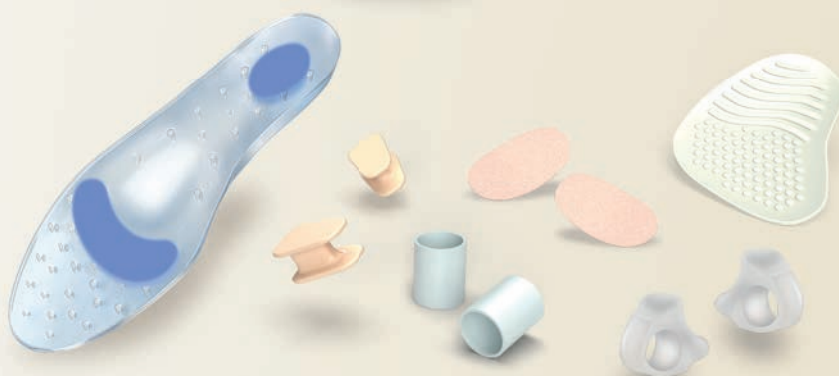
Effective rehabilitation is based on working mobility, strength and coordination progressively and consistently. It's important to activate the hands and fingers with exercises that improve circulation, reduce rigidity and help recover functionality after an injury, surgery or periods of overload. The key lies in making controlled movements, respecting the body's own timing and maintaining a routine that fosters recovery without being forced. Good rehabilitation work not only provides relief for discomfort; it also prevents recurrence and improves long-term wellbeing.

REHABILITATION OVAL

Helps with recovery post-surgery and after accidents or blows. Helps with arthritis processes. Relieves tension and relaxes the muscles. Reduces the risk of carpal tunnel syndrome. Different densities.



G60.337.1 S	Blue	Soft	1 count
G60.337.2 S	Red	Medium	1 count
G60.337.3 S	Green	Extra soft	1 count



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